

HOW TO PROTECT YOURSELF & OTHERS ONCE YOU ARE FULLY VACCINATED

WHAT HAS CHANGED AS OF MARCH 8, 2021

IF YOU'VE BEEN FULLY VACCINATED:

- You can gather indoors with fully vaccinated people without wearing a mask.
- You can gather indoors with unvaccinated people from one other household (for example, visiting with relatives who all live together) without masks, unless any of those people or anyone they live with has an increased risk for severe illness from COVID-19.
- If you've been around someone who has COVID-19, you do not need to stay away from others or get tested unless you have symptoms.
 - Fully vaccinated inpatients or residents in a healthcare setting should continue to quarantine for 14 days following exposure.
 - Healthcare providers with high-risk exposures, community exposures, and travel related exposures should be restricted from work for 14 days, regardless of vaccination status. However, these healthcare personnel do not need to self-quarantine.

WHAT HAS NOT CHANGED

FOR NOW, IF YOU'VE BEEN FULLY VACCINATED:

- You should still take steps to protect yourself and others in many situations, like wearing a mask, staying at least 6 feet apart from others, and avoiding crowds and poorly ventilated spaces. Take these precautions whenever you are:
 - In public
 - Gathering with unvaccinated people from more than one other household
 - Visiting with an unvaccinated person who is at increased risk of severe illness or death from COVID-19 or who lives with a person at increased risk
- You should still avoid medium or large-sized gatherings.
- You should still delay domestic and international travel. If you do travel, you'll still need to follow CDC requirements and recommendations.
- You should still watch out for symptoms of COVID-19, especially if you've been around someone who is sick. If you have symptoms of COVID-19, you should get tested and stay home and away from others.
- You will still need to follow guidance at your workplace.

More at www.cdc.gov/coronavirus/2019-ncov/vaccines/fully-vaccinated-guidance.html



People are considered fully vaccinated:

- 2 weeks after their second dose in a 2-dose series, like the Pfizer or Moderna vaccines, or
- 2 weeks after a single-dose vaccine, like Johnson & Johnson's Janssen vaccine
- If it has been less than 2 weeks since your second dose, or if you still need to get your second dose, you are NOT fully protected. Keep taking all prevention steps until you are fully vaccinated.



IDAHO DEPARTMENT OF
HEALTH & WELFARE

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WHAT WE KNOW

- We know that COVID-19 vaccines are effective at preventing COVID-19 disease, especially severe illness and death.
- We know that other prevention steps (wearing face coverings, physical distancing, staying home and getting tested if sick, washing hands often) help stop the spread of COVID-19, and that these steps are still important, even as vaccines are being distributed.

WHAT WE'RE STILL LEARNING

- We're still learning how effective the vaccines are against variants of the virus that causes COVID-19. Early data show the vaccines may work against some variants but could be less effective against others.
- We're still learning how well COVID-19 vaccines keep people from spreading the disease. Early data show that the vaccines may help keep people from spreading COVID-19, but we are learning more as more people get vaccinated.
- We're still learning how long COVID-19 vaccines can protect people.
- As we learn more, recommendations for both vaccinated and unvaccinated people will be updated.



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