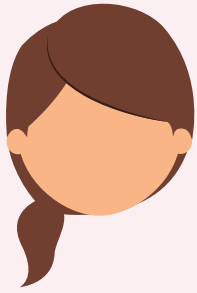




WHEN CAN I BE AROUND OTHERS AGAIN?

You can be around others after:

- 24 hours with no fever **AND**
- 10 days since symptoms first appeared **AND**
- Other symptoms have improved



SCENARIO 1:

Amy gets sick on a Monday. Her cough has gotten better and she no longer has a fever on Thursday. Even though she feels almost back to normal, she needs to wait until the following Friday (full 10 days) before she leaves her home.

MON

TUES

WED

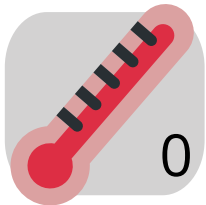
THURS

FRI

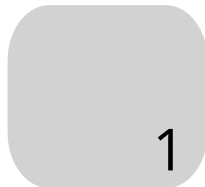
SAT

SUN

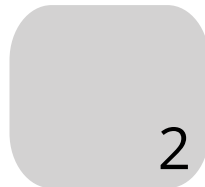
Fever begins



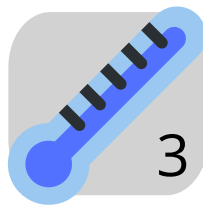
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1



2



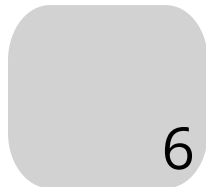
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4



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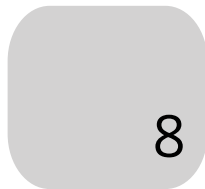


6

Fever ends



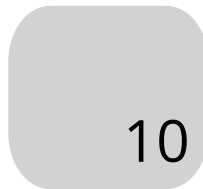
7



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9



10





SCENARIO 2:

Albert gets sick on a Monday and has fever and cough for a full 10 days. He needs to stay home an additional 24 hours after his fever has resolved. This means he must isolate in his home through Friday. He can go out on Saturday as long as his other respiratory symptoms are improving.

MON

TUES

WED

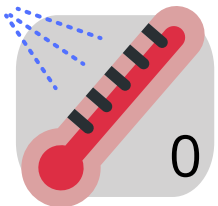
THURS

FRI

SAT

SUN

Fever begins



0

1

2

3

4

5

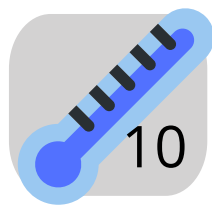
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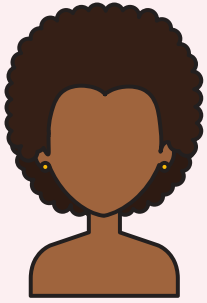
Fever ends



10

11





SCENARIO 3:

Sasha's partner gets sick with cough, fever, and shortness of breath on Monday and her partner isolates away in a separate room. Sasha works as a cashier at a grocery store and still feels well. However, because Sasha has close contact with her sick partner, she needs to quarantine at home and not go to work for a full 14 days since their last contact. Sasha should also get tested for COVID-19.

| MON | TUES | WED | THURS | FRI | SAT | SUN |
|-----|------|-----|-------|-----|-----|-----|
|-----|------|-----|-------|-----|-----|-----|

Sasha isolates





SCENARIO 4:

Chris lives with his wife, daughter, and son. His wife and daughter get sick with COVID-19. His daughter recovers quickly, so she can leave the house after 10 days. His wife is symptomatic for more than a week, and has to stay isolated for 24 hours after her fever resolves. Chris and his son do not feel sick but should get a COVID test and stay home for 14 days after the end of his wife's isolation period, since she was the last infected person in the house.

