

Take the test.  
**Save your life.**

“ I thought I was a tough guy. I was in the military for 22 years, an athlete and a coach. I had never faced anything like colon cancer. It is an experience I hope no one has to go through.”

**Romero**  
IDAHOAN



# COLON CANCER IS THE SECOND LEADING CAUSE OF CANCER DEATH, BUT IT DOESN'T HAVE TO BE.

**Colon cancer is both  
preventable and treatable.  
If you're 50 or older, see  
your doctor. Get tested.**

## IT'S PREVENTABLE

Get screened. Colon cancer can be prevented by finding and removing polyps before they turn into cancer.

## IT'S TREATABLE

Don't ignore the signs or symptoms:

- Bleeding from your rectum
- Blood in your stool
- Changes in bowel movements
- Diarrhea, constipation or both
- Lack of energy
- Unexplained weight loss

These signs don't mean you have cancer but you need to talk to a doctor right away.

## IT'S BEATABLE

The odds are in your favor: 95% survival rate if found in the earliest stages. Get tested. Ask your doctor which test is best for you.

For additional information about colon cancer and other cancers, visit:

**THE AMERICAN CANCER SOCIETY**  
[www.cancer.org](http://www.cancer.org)



**COLON CANCER IN IDAHO**  
Preventable, Treatable, Beatable.



IDAHO DEPARTMENT OF  
HEALTH & WELFARE

2-1-1  
Get Connected. Get Answers.  
Call 311 or 1-800-421-2388