



A HEALTH EDUCATION SERIES

INSPIRING EYES

A DISCUSSION ABOUT
EYE HEALTH AND
ANSWERS TO QUESTIONS
ABOUT COMMON EYE
DISEASES



Guests from Bryden Family Vision

Jennifer Murray OD

Brian Petracca OD

Free Event!

MARCH 21, 2013

6:00 P.M.

SNAKE RIVER COMMUNITY CLINIC

215 10TH STREET, LEWISTON



DIABETIC EYE DISEASE MAY DEVELOP EVEN WHEN YOUR SIGHT IS GOOD. REGULAR DILATED EYE EXAMS ARE IMPORTANT FOR FINDING PROBLEMS EARLY. HIGH BLOOD GLUCOSE CAN DAMAGE YOUR EYES WITH TIME; WORK WITH YOUR HEALTH CARE TEAM TO KEEP YOUR BLOOD GLUCOSE LEVELS AT TARGET RANGE. HIGH BLOOD PRESSURE CAN DAMAGE YOUR EYES; HAVE YOUR HEALTH CARE PROVIDER CHECK YOUR BLOOD PRESSURE AT LEAST 4 TIMES A YEAR- SOURCE CENTERS FOR DISEASE CONTROL AND PREVENTION.



Public Health
Idaho North Central District

For more information, contact Deb Merica at
Public Health - Idaho North Central District (208) 799-0379.

www.idahopublichealth.com