

Free Event!



Public Health
Idaho North Central District

A HEALTH EDUCATION SERIES

FEATURED GUEST:

Bess Isaacson M.S. ED, CTTS

Certified Tobacco

Treatment Specialist

St. Joseph Regional Medical Center

TOPIC:

**“HOW TO MANAGE
STRESS WHILE YOU
QUIT TOBACCO”**



April 9th, 2013

6:00 p.m.

Snake River Community Clinic

215 10th Street, Lewiston

“Smoking puts people with diabetes at particular risk.”

Source: Centers for Disease Control and Prevention

<http://www.cdc.gov>

For more information, contact
Deb Merica at

Public Health - Idaho North Central District (208) 799-0379.

www.idahopublichealth.com