

# A Health Education Series

# FREE EVENT!

*Featured Guest:*

**SUSAN RAUCH RN, BSN, CDE**  
St. Joseph Regional Medical Center



**Topic:**  
*Pre-Diabetes*



**March 29<sup>th</sup>, 2016**  
**6:00 p.m.**  
**Snake River Community Clinic**  
**215 10th St. Lewiston**



Diabetes can cause serious health complications including heart disease, blindness, kidney failure, and lower extremity amputations. Diabetes is the seventh leading cause of death in the United States.

Source: Centers for Disease Control. <http://www.cdc.gov>.



For more information, contact Ellen Merrill at  
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[www.idahopublichealth.com](http://www.idahopublichealth.com)