

## Scheduling Your Child Care Inspection

### New Providers

After you have completed ICCP orientation class and been approved by IdahoSTARS Child Care Resource and Referral, they will notify your local Public Health representative who then will contact you to schedule an inspection.

### Annual Provider Inspections

A representative from your local Public Health District will conduct an inspection of your Child Care before the license expires, unless fees are required. Inspection fees are currently required for "State Only" licensed facilities and must be submitted before inspection is conducted.

For more information about North Central District Health Department's child care program, please visit our website: [www.ncdhd.us](http://www.ncdhd.us).

Questions about ICCP? Call the 211 Idaho CareLine and ask to speak with a vendor specialist.



## Keeping Kid's Healthy

### Handwashing

Encourage children to wash hands regularly, especially before eating and after using the restroom or playing outside. Good handwashing is the best protection against illness.

### Exclusion

If children have a fever with sore throat, vomiting, diarrhea, or a diagnosed contagious illness, they must be excluded from child care. They should not return until they are symptom free or have been given medical clearance.

### Diarrheal Illness

Children who have a diarrheal illness need to be excluded from child care for at least 24 hours after their symptoms resolve. Providers must take extra care when changing diapers of a child who has had diarrhea, remembering to wash hands thoroughly. Children who have had a diarrheal illness should not share baths with other children and must be excluded from recreational waters (swimming pools, splash parks, etc.) for up to 2 weeks as they may still be contagious even after symptoms have resolved.

To view the

**ICCP Child Care Providers Manual** visit <http://www.ncdhd.us/forms/eh/childcare.pdf>.



## *Requirements for ICCP and Licensed Child Cares*

## Child Care Health and Safety



## Health Inspection Checklist

### Proof of Current First Aid and CPR

- Certification must be kept on file at all times.
- At least one person with current certification must be on premises at all times.

### Illness Exclusions

- Children and staff should not attend child care when ill. Please have parents and/or guardian read and sign the wellness policy.

### Immunizations

- Maintain current immunization record or exemption form on file.
- Records must be obtained within 14 days of child's first day of attendance.
- Children need to be current on all shots.

### Fire Safety



- 5 lb. ABC rated fire extinguisher.
- Electric or battery powered smoke alarms.
- In case of a fire, facility must have two emergency exits. A land line or cell phone is required for emergency communication.

### Food Safety

- All food must come from an approved source, no home canned goods.
- Food must be thawed under refrigeration, under cool running water, or in the microwave as part of the continuous cooking process.

- Food must also be prepared in a sanitary manner; proper handwashing before and during preparation, minimize bare hand contact, cook meats to proper temperatures, avoid cross contamination.
- Refrigerators must remain at 41°F or below and shall have a thermometer in them at all times. Keep refrigerator clean and avoid cross contamination of foods.

### Sanitizing

Food contact surfaces and equipment need to be kept clean and sanitized. Recipe for sanitizing solution: "¼ teaspoon Clorox per 1 quart of water, or 1 tablespoon Clorox per 2 gallons of luke warm water." Wiping cloths should be sanitized often and sanitizing solution should be changed throughout the day. Clorox wipes can be substituted for sanitizing solution on non-food contact surfaces.



### Dishwashing and Storage

- Dishes and utensils must be washed and sanitized by the three step method: wash, rinse, and sanitize. Air dry.
- Utensils must be stored in a sanitary manner to protect from cross contamination
- Sharp knives must be kept out of reach of children.

### Medicine and Chemical Storage

Medicines, cleaning supplies, and hazardous substances must be kept in childproof cabinets or out of reach.

### Garbage

Trash cans must have a lid or be inaccessible to kids and emptied regularly to avoid attracting vermin.

### Water Supplies

Private water supplies shall be tested annually and all plumbing must be in working order.



### Hand washing

Facilities must have a proper handwashing station containing soap, hot and cold running water, and disposable towels.

### Diaper changing

Station and/or pads must have a surface that can be sanitized after each use.

### General Facilities

Sleep areas, play areas, restrooms, and all other areas that children will occupy must be kept clean and sanitary at all times.

### No Smoking

No smoking allowed inside the child care facility. Smoking is restricted outside if children are present.

### General Safety

- All unused electrical receptacles should have child safety covers in place.
- Remember to keep all hanging cords untied or hung up so they do not pose a choking hazard.
- Place a barrier around free standing stoves or fire places to keep children from burn danger.



### Liability

By allowing children into your home you have now become responsible and liable for their safety and well being.