



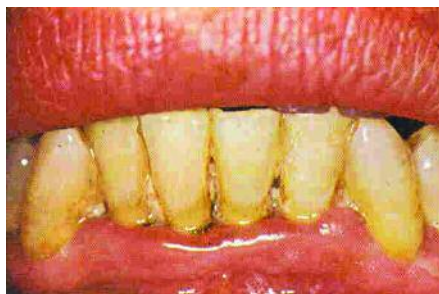
A healthy mother is more likely to give birth to a healthy baby.



Healthy Teeth & Gums



Gingivitis



Periodontal Disease



Pregnancy Tumor



Tooth Decay

Good oral health is important for you and your unborn baby.

Pregnant women with gum disease are more likely to have a baby that's born too early and too small.

Early, low-birthweight infants are more likely to die during the first month of life or have lifelong health problems and disabilities.

Even after birth, infection from tooth decay or gum disease can pass from mother to child, causing serious health problems.

What you can do:

Check your teeth and gums for signs of gum disease. Have at least one dental check up during your pregnancy. And remember to brush and floss daily.

Pregnancy Gingivitis

- 50-75% of women experience sore, swollen, bleeding gums during pregnancy.

Periodontal Disease

- Infection of the gums and bone that can cause tooth loss if left untreated.

Pregnancy Tumor

- Growth on the gums, tongue, or lips that grows quickly and usually bleeds.

Tooth Decay

- An infection that causes a hole to form in the tooth.

Additional Resources:

American Dental Association
www.ada.org/prof/resources/topics/gum.asp

American Academy of Periodontology
www.perio.org

Children's Dental Health Project
www.cdhp.org/Projects/ProfessionalLiterature.asp

