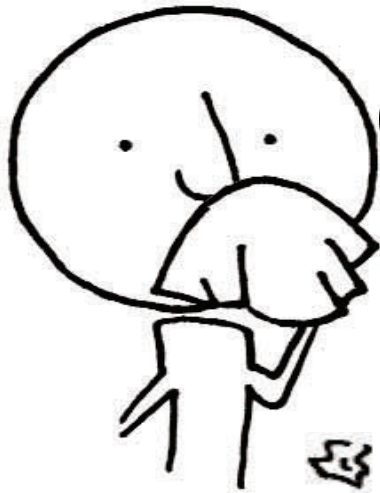
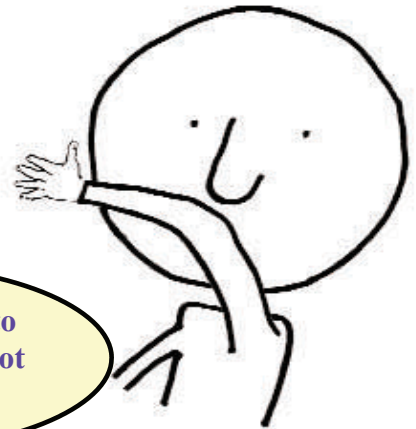


Cover your Cough



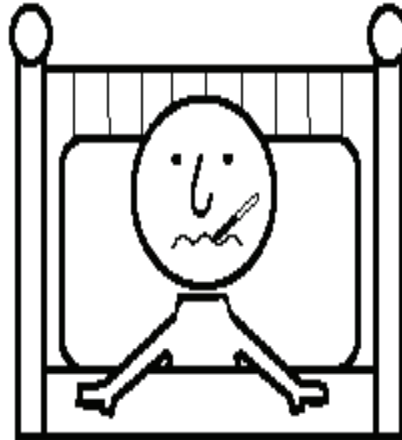
Cover your mouth and nose with a tissue when you cough or sneeze.



or

Cough or sneeze into your upper sleeve, not your hands.

Put your used tissue in the waste basket.



Stay home if you are sick.

Clean your Hands

After coughing or sneezing.



or



Wash your hands
With soap and water

Clean with alcohol-based hand cleaner

Stop the spread of germs that make you and others sick!