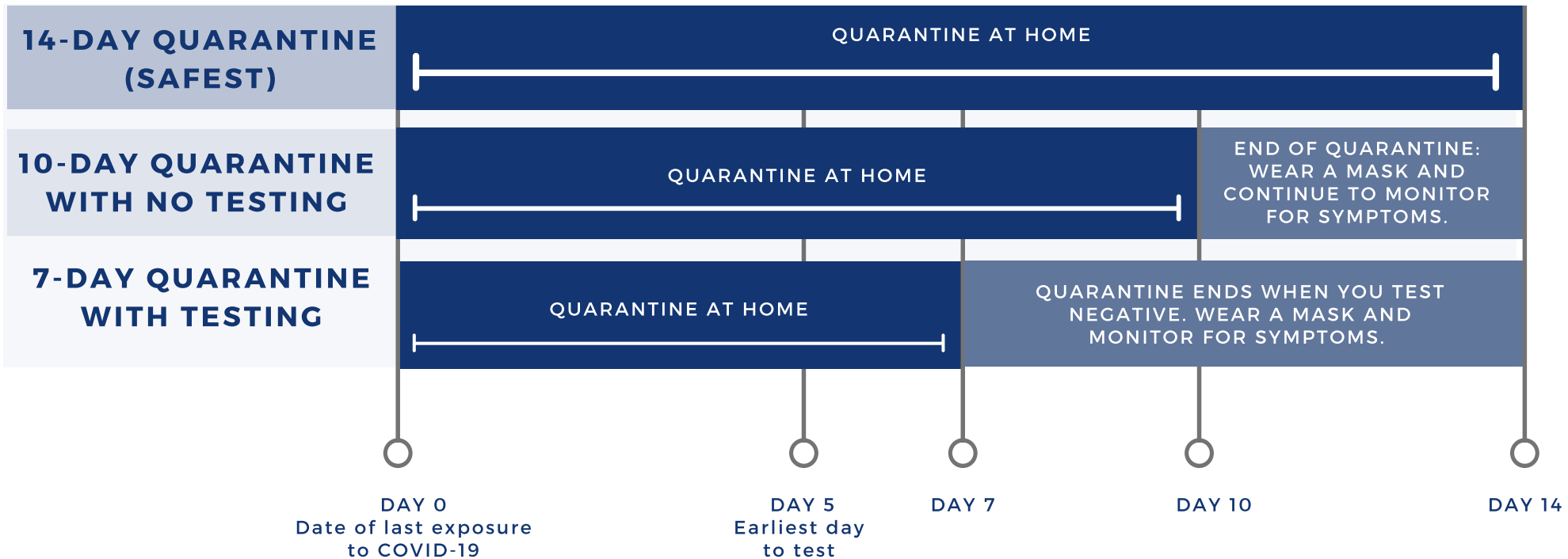




# QUARANTINE FOR THOSE EXPOSED TO COVID-19 WITH NO SYMPTOMS

December 2020



- If at any time during the 14 days, you develop symptoms, please isolate, seek medical care, and/or testing.
- If it is the plan to have testing done to shorten your quarantine to 7 days, it is recommended to not test sooner than 48 hours before the 7th day, and the preferred test would be a PCR test.
- Regardless of the option for quarantine, face coverings, hand hygiene, and physical distancing is recommended.

