Quarantine Calculator

HOW TO CALCULATE WHEN YOUR QUARANTINE PERIOD ENDS

You will need to stay in quarantine for 14 days from the date that you last had close contact with an infected person.

Close Contact-Being in contact with another person less than 6 ft. (2 meters) apart for greater than 15 minutes or more, or having direct contact with infectious secretions (e. g., coughed/sneezed on, sharing of utensils or saliva or providing care without wearing a face covering).

1. You have no further contact with the infected person

Your last day of quarantine is 14 days from the date when you last had close contact with them.

Your last close contact with the infected person:

January 1

+

14 days

,

Your last day in quarantine:

January 15

2. You continue to have contact with the infected person (For example, you live with and/or care for the person with COVID-19)

A. If you can avoid close contact, your last day of quarantine is 14 days from the date the infected person(s) in your household started to follow Home Isolation Instructions for People with COVID-19.

Infected person(s) start to follow Home Isolation Instructions: January 5

+

14 days

=

Your last day in quarantine:

January 19

If you have close contact with that person at any point, the 14-day quarantine period will have to restart from the last day that you had close contact.

You started quarantine:

January 5

+

You had another close contact with infected person:

January 8

+

14 days

=

Your last day in quarantine:

January 22

B. If you cannot avoid close contact, your last day of quarantine is 14 days from the date the infected person was told that they are "cleared" to stop isolation.

You started quarantine:

January 5

+

14 days

=

You started quarantine: January 29

