



Public Health
Idaho North Central District

IMPACT REPORT 2024

LETTER FROM THE DIRECTOR

“What is Public Health? In three words, it’s Prevention, Promotion, and Protection. These three words are the driving force for all activities that take place in local Public Health.

Our local Board of Health reviews our services and activities on a regular basis, making sure we hold to our mission of:

- **Prevent Disease**
- **Promote Healthy Lifestyles**
- **Protect & Prepare the Public Against Health Threats**

Local public health exists to protect and promote the health and well-being of communities by preventing disease, prolonging life, and creating conditions for people to thrive. We address health issues at the community level through education, policy-making, and direct services.

Public Health operates according to the highest level of professionalism and ethics to inspire public confidence and trust. As always, we could not accomplish our work without the multitude of partners that share our enthusiasm and commitment to preventive health. Many of these partners include YOU, the public, as you volunteer to assist us in coalitions, committees, and work done in our communities. Thank you for your dedication and commitment to these projects. We value your support and your enthusiasm. Public Health will continue to be accountable to our public as we strive to protect and improve the health of our community.”



Kayla Sprenger - District Director



2024 UPDATES



STAFF & LEADERSHIP CHANGES

- We had 4 staff retire in 2024, including District Director Carol Moehrle
- Kayla Sprenger transitioned into the role of District Director
- New Community Health Program Manager
- Hired a new dietician for the WIC program
- The 7-person Board of Health had 5 new members

COMMUNITY HEALTH ASSESSMENT

- We conducted a Community Needs Survey
 - 823 community members responded
- The CHA priorities identified included:
 - Access to Care
 - Behavioral Health
 - Healthy Lifestyle Promotion
 - Economic Stability
 - Services for Youth
 - Aging-in-Place



PROGRAMS & SERVICES



CLINICAL & EPIDEMIOLOGY

- Immunizations
- Communicable disease investigations
- Disease containment & mitigation

COMMUNITY HEALTH

- Tobacco cessation
- Vaping prevention
- Opioid education
- Drug overdose prevention
- Suicide prevention
- Injury prevention/Fit and Fall Proof®
- Oral Health

WIC

- Supplemental nutritious foods for pregnant & breastfeeding women, & children from birth to age 5
- Nutrition education & counseling at WIC clinics
- Screenings & referrals to other health, welfare, & social services

HOME VISITATION

- Personal in-home visits
- Peer support
- Hearing & vision screenings
- Developmental screenings
- Resource network

ENVIRONMENTAL HEALTH

- Childcare health & safety
- Food protection & inspection
- Public swimming pool inspections
- Air quality
- Drinking water systems
- Land use development
- Solid waste management

PREPAREDNESS

- Plan & prepare for emergency response & recovery efforts
- Support counties, hospitals, & medical facilities
- Medical Reserve Corps

CLINICAL HEALTH & EPIDEMIOLOGY

IMMUNIZATIONS

PH-INCD holds vaccination clinics throughout the year offering vaccines for children from birth to 18 years old as well as adult flu vaccines.

43

children's
immunization clinics

83

children
received vaccines

231

childhood vaccine
doses administered

4

adult flu
clinics

46

adults vaccinated
for the flu



1182

COMMUNICABLE DISEASES REPORTED

DISEASE INVESTIGATIONS

The epidemiology team conducts disease investigations to identify trends and prevent the spread of disease through containment and mitigation efforts.

CASES OF DISEASE

210

chlamydia

36

pertussis

1

tuberculosis

47

campylobacter

5

giardiasis

4

salmonella

PREVENT DISEASE

YOUTH ORAL HEALTH

PH-INCD's Dental Hygienist provides screenings, fluoride varnish treatments, and dental sealants in local schools as well as conducts screenings and fluoride varnish clinics at our office and local HeadStart locations.

1071
DENTAL SCREENINGS
CONDUCTED

985 children received
fluoride varnish

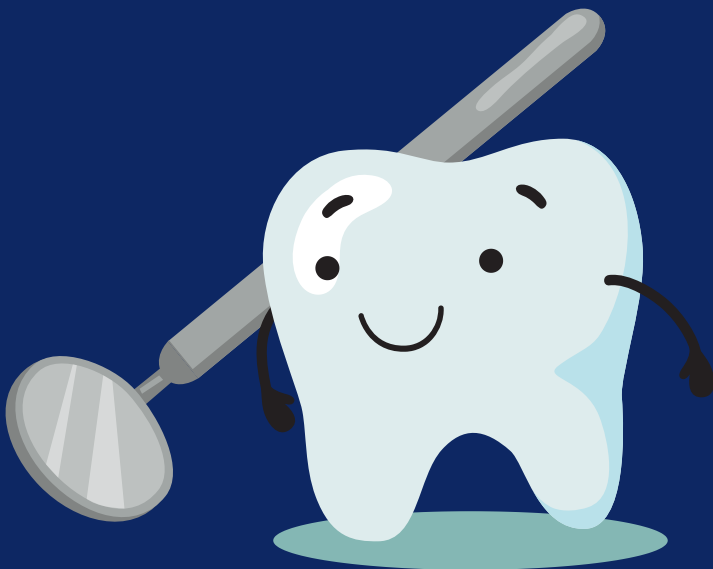
313 children received
dental sealants

293 children had
untreated decay

72 children had urgent
dental needs

Fluoride Varnish: strengthens tooth enamel,
helping make teeth more resistant to decay

Dental Sealants: act as a physical barrier on
the teeth which helps prevent decay



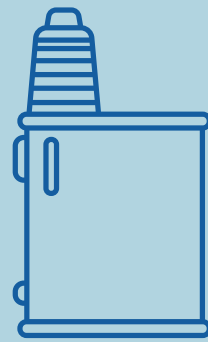
17 schools
visited

30 fluoride varnish
clinics held

COMMUNITY HEALTH

PROMOTE HEALTHY LIFESTYLES

CATCH MY BREATH VAPING PREVENTION



CATCH My Breath is an evidence-based youth vaping prevention program.

1149

STUDENTS WENT THROUGH
THE CATCH PROGRAM

14.5

POINT INCREASE
IN KNOWLEDGE
FROM PRE-SURVEY
TO POST-SURVEY

FIT AND FALL PROOF®

18 Fit and Fall Proof®
sites across Region 2

180 participants in the
average month

Fit and Fall Proof® is a group physical activity program designed for older adults who want to improve their health and reduce their risk of falling.

BEHAVIORAL HEALTH

SUICIDE PREVENTION

760

988
materials
distributed

170

gun
locks
distributed

157

people trained
in QPR suicide
prevention

PRESCRIPTION DRUG SAFETY

Prescription drug safety strategies can help prevent accidental and intentional overdoses. Strategies include locking up medications, monitoring for missing pills, and properly disposing of unused or expired prescriptions.



WE DISTRIBUTED

236

medication
lockboxes

50

TimerCap
kits

156

drug disposal
pouches

DRUG OVERDOSE PREVENTION

17

Narcan trainings
held

172

people trained to
use Narcan

Narcan, also known as Naloxone, is a medication that can reverse an opioid overdose.

RURAL CRISIS CENTER NETWORK

Rural Crisis Center Network (RCCN) provides crisis intervention, risk assessments, and referral services.

646

clients
served

1170

hours of client time
spent at RCCN

*RCCN data is from July 2023-June 2024

PARENTS AS TEACHERS

The Parents as Teachers (PAT) program is designed to provide parents with information, help guide parents through their child's developmental stages and give parents tools for success. Services provided include:

- Personal, in-home visits from certified parent educators offering age-appropriate information
- Hearing, vision, and developmental screenings
- Peer support
- Resource network



527
personal visits
conducted

WE SERVED

68

families

84

children

**SCREENINGS
CONDUCTED**

68

hearing & vision
screenings

88

developmental
screenings

HOME VISITATION PROGRAM

WIC PROGRAM

WIC (Women, Infants, and Children) is a special supplemental nutrition education program that serves pregnant, breastfeeding, and postpartum women, infants, and children under the age of five. WIC provides nutritious foods, semi-annual health assessments, nutrition education, and referrals to other services to low-income, nutritionally at-risk participants.

WE SERVED

773

families

756

children

259

infants

150 nutrition education
appointments monthly



\$975,181

OF HEALTHY, NUTRITIOUS
FOOD PROVIDED
BY NORTH CENTRAL WIC

99%

OF BENEFITS
UTILIZED
EACH MONTH

ENVIRONMENTAL HEALTH

PROTECT FROM HEALTH THREATS

CHILDCARE CENTERS

110

childcare centers

84

childcare inspections

25

childcare facilities with violations

FOOD ESTABLISHMENTS

805

permitted food establishments

1104

establishment inspections

341

establishments with violations

45

complaints addressed

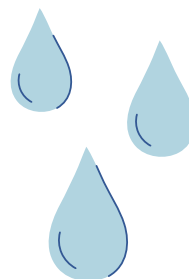
WATER QUALITY

54

public water systems

0

non-compliant public water systems



SOLID WASTE

14

solid waste facilities

0

complaints about solid waste facilities

SEPTIC SYSTEMS

343

septic system permits

26

complaints addressed

RABIES INVESTIGATIONS

31

suspected rabies cases in animals

1

positively confirmed rabies case

OUR OFFICE LOCATIONS

Nez Perce County
215 10th Street
Lewiston, ID 83501
208.799.3100

Latah County
333 E. Palouse River Drive
Moscow, ID 83843
208.882.7506

Idaho County
903 W. Main
Grangeville, ID 83530
208.983.2842

Clearwater County
105 115th Street
Orofino, ID 83544
208.476.7850

Lewis County
132 N. Hill Street
Kamiah, ID 83536
208.935.2124

Our vision is to make North Central Idaho the place of choice to live, work, play, and grow.



Public Health
Idaho North Central District

WE THANK YOU
FOR YOUR CONTINUED SUPPORT OF
OUR SERVICES