



# Public Health

## Idaho North Central District

**Nez Perce County**  
215 10<sup>th</sup> Street  
Lewiston, ID 83501  
(208) 799-3100  
Fax (208) 799-0349

**Latah County**  
333 E Palouse River Drive  
Moscow, ID 83843  
(208) 882-7506  
Fax (208) 882-3494

**Clearwater County**  
105 115<sup>th</sup> Street  
Orofino, ID 83544  
(208) 476-7850  
Fax (208) 476-7494

**Idaho County**  
903 West Main  
Grangeville, ID 83530  
(208) 983-2842  
Fax (208) 983-2845

**Lewis County**  
132 N Hill Street  
P O Box 277  
Kamiah, ID 83536  
(208) 935-2124  
Fax (208) 935-0223

### Press Release

**FOR IMMEDIATE RELEASE**

**CONTACT: Tara Biesecker, PIO**

**PHONE: (208) 799-3100**

**DATE: August 15, 2013**

**HEADLINE: Off to College: Even Healthy Young Adults Need Vaccines**

LEWISTON, IDAHO - Public Health – Idaho North Central District celebrates National Immunization Awareness Month.

Think you outgrew the need for vaccines when you graduated from high school and moved out of your parents' house? Not so. Every year, thousands of adults in the United States suffer serious health problems, are hospitalized, or even die from diseases that could have been prevented by vaccinations.

To celebrate the importance of immunizations throughout life – and to help remind young adults that they need vaccines, too – Public Health – Idaho North Central District is proudly participating in National Immunization Awareness Month. This is the perfect opportunity to make sure young adults are protected against diseases like flu, meningitis, whooping cough, tetanus and HPV.

The specific vaccines adults need are determined by factors such as age, lifestyle, risk conditions, locations of travel, and previous vaccines. All adults should talk to their health care providers about what vaccines are right for them.

“Immunizations are not just for children. Even healthy young adults need protection against vaccine-preventable diseases,” said Director Carol Moehrle, Public Health – Idaho North Central District. “The truth is you never outgrow the need for immunizations.”

To find out which vaccines might be right for you and where you can get vaccinated, please call Public Health – Idaho North Central District at 208-799-3100 or 1-866-736-6632 or visit [www.idahopublichealth.com](http://www.idahopublichealth.com).