



FORM 104 (1/2021)

WIC PARTICIPANT RIGHTS, RESPONSIBILITIES AND CONSENT

What does WIC ask from you?

- You will buy only the foods allowed on the current Idaho Food List from an Idaho grocery store that takes eWIC cards.
- You will use the foods only for the person(s) on the program. If you share custody of your child(ren), you will make sure that the WIC food benefits are shared for your child(ren).
- At any time, you can ask WIC staff to add or remove a second cardholder who can shop for WIC food benefits. You will make sure the second cardholder knows how to use their eWIC card and how to shop for foods.
- You will get food benefits from only one clinic at a time. If you move or expect to move soon, you will ask for a transfer paper.
- You will attend appointments or call ahead when you need to reschedule.
- You will attend all appointments to apply at least each year (certification). You can have another person or second cardholder attend follow-up appointments with your permission. If another person attends an appointment, they will share handouts or appointment details with you.
- You and a second cardholder (if applicable) will treat WIC and store staff with courtesy and respect.

What can you ask from WIC?

- *Standards for eligibility and participation in the WIC program are the same for everyone, regardless of race, color, national origin, age, handicap, or sex.*
- *You may appeal any decision made by the local agency regarding your eligibility for the program.*
- *The local agency will make health services, nutrition education and breastfeeding support available to you, and you are encouraged to participate in these services.*
- WIC staff will treat you with courtesy and respect.
- If you qualify for WIC, you will get WIC benefits to buy healthy foods. You understand that WIC does not give all the food or formula needed in a month.

Caregiver or Participant Rights and Responsibilities:

- I will notify WIC of any changes to the information I have given.
- I will not return WIC foods to the grocery store for money, credit, or other items. I will not sell or attempt to sell, trade, or give away WIC food benefits, formula or breast pumps paid for by WIC. If I do, I understand that I may be taken off WIC.
- If I break the rules, make false statements, or withhold facts about my eligibility for the WIC program, I understand that I can be taken off WIC.
- If I fail to receive WIC benefits for three months in a row, my WIC account will automatically be suspended and I can contact the clinic to reactivate it. Remembering to receive benefits is an important part of WIC participation.
- If I move out of state I will turn in my transfer paper from my old WIC clinic to my new WIC clinic.
- I will be told in writing when and why my WIC program benefits will end.
- Your rights and responsibilities are also written inside the Idaho WIC Food List.