Peanut Butter Protein Balls

Adapted from WIC-Cookbook-2020-FINAL-1.pdf (wicmomstrong.com)

TIME 10 min.
YIELD A dozen balls
METHOD No Bake

Ingredients

- 2 cups old-fashioned oats
- 1 cup peanut butter (creamy preferred)
- ¼ cup honey
- ½ cup chocolate chips (optional)

Instructions

1. Pour oats into medium mixing bowl.
Add peanut butter and honey.
Mix until not sticky and will form into a ball.
If mix is too sticky, add small amounts of oats until not sticky.

2. Add chocolate chips (if desired).
3. Form into 1-inch balls, and keep in refrigerator up to 2 weeks.

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